



Erasmus+



## Interior school procedures for the students' and teachers' training

### 1. GENERAL PREPARATIONS:

- The rules and regulations for introducing mediation at VI LO were created. At the beginning of the project, we started to work on essential documents developing documents (e.g. School Mediator Ethics Code), rules and procedures needed for mediations to work.
- we determined the cooperation with the student council and school counsellor; the confines of the Mediation Club were defined.
- Teachers of VI LO were informed about the project and mediation program.
- Form teachers along with the coordinator of mediation organised informational meetings and school assemblies both for students and parents to promote the idea of mediation.

### 2. PRACTICAL PREPARATIONS:

- As part of the project, the Mediation Club was created. Thus, a set of document templates (e.g. consent to participation, mediation reports, settlements/agreements of the parties) was created. Students could meet and find a right place for talking, exchanging views and trying to find solutions to their problems.
- A leader (a coordinator of mediation) - was appointed along with the mediators from the students. The coordinator met with students after mediations / meetings within the Mediation Club and tried to analyze the issues once again to give a helping hand to those in need.
- Form teachers were asked to inform their students and parents about the Mediation Club and mediation at school ( it is usually done at the beginning of the school year, especially with the first-graders).
- Presentations on mediation and conflict solving were created and shown in classes. Besides, some of the teachers carried out lessons about social skills: interpersonal communication, emotional intelligence, assertiveness and creativity.
- Both teachers and students have taken part in various trainings.

### 3. „MEDIATION IN EDUCATION” PROGRAM:

- Next year VI LO enters a national mediation program "Mediation in education" co-financed by the National Health Program for 2021-2025. This program is provided by

the Ministry of Education and Science and will receive training and implementation support in the period until 31.12.2023.

#### 4. OTHER ENTITIES:

- VI LO also cooperates with various foundations acting in our city. One of them is “Dialog” Foundation.
- Working with experts from pedagogical and psychological counseling centers for children and youth, we’ve used mediation issues as part of educational activities (by form teachers), classes based on publications on mediation and conflicts prepared by these experts.

#### 5. TRAINING:

- teachers of our school took part in many training sessions and webinars related to mediation and conflict solving; some of them to be mentioned:
  - *Akcja Komunikacja, Akcja kooperacja* by Pearson;
  - *Mediation in the EFL Classroom* by Express Publishing;
  - *How to teach mediation online* by Pearson;
  - *How to evaluate mediation* by Letizia Cinganotto Pearson;
  - *Language Learning: Seven Steps to Critical and Creative Thinking* by Dr. Ken Beatty.
- Training with experts during Blended Mobility in Poland:
  - a presentation and workshop on peer mediation by Joanna Bojarczyk;
  - workshops on active listening by a school psychologist - Anna Czerniakiewicz;
  - workshops on active listening organized by psychologist Magdalena Popławska;
  - Creative problems solving- organized by the sociotherapist Marzanna Grabarczyk.
- Two teachers ( J. Sawicka, B. Zieniuk) completed 2-week course on „Behaviour and conflicts new methodologies, motivation and cooperation strategies” – Barcelona, Spain (2021, 2022).

#### 6. ERASMUS + TEAM MEETINGS

- Erasmus+ team meetings are held regularly at school to exchange good practices after mobilities, after traing webinars etc.

#### 7. STUDENTS AND MEDIATION

- students are actively involved in Mediation Club;
- they are asked to prepare mini-presentations, e.g. on problems, motivation, active listening, creative thinking, etc.
- some of the students gave presentations on peer mediation, others practiced simulated problematic dialogues.

- a group of students participated in mobilities (part of mobility comprised training),
- students came up with the idea of organising special days at our school: A Kindness Day, A Mediator Day to promote these issues among peers.